



Our goal here at Chester Valley is to work with you to help your pet live a happy, healthy life. If you have questions about your pet's joints or any other concerns, please ask!

Weight loss

One of the very best ways to maintain joint health and comfort is to be sure your pet is at a healthy weight. Excessive weight puts excessive pressure on all of the joints and can greatly increase the discomfort of arthritis and other joint issues.

Your pet's current weight: _____

Goal weight: _____



CHESTER VALLEY VETERINARY HOSPITAL
helping pets enjoy every adventure

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Joint Supplements



To help keep your pet comfortable and moving, your veterinarian recommends the following joint supplements:

Omega-3 Fatty Acids at a dose of _____

Glucosamine at a dose of _____

Adequan injections at a dose of _____

If you are just starting Adequan, please see the enclosed loading dose schedule

Arthritis in pets

Arthritis is a common problem pets can develop, particularly as they get into their senior years.

Joint pain caused by arthritis rarely makes pets yelp or cry, but can be seen in more subtle changes in your pet. They may spend more time laying on their bed, be slower to stand up and move around, be more grumpy, less interested in interacting with you or other pets, and less interested in exercise or other activities they previously enjoyed.

Joint supplements can have many benefits for your pet, and help limit pain as well maintain or increase their quality of life.

Omega 3 fatty acids

Omega 3 fatty acids decrease inflammation throughout the body such as in joints and skin. Omega 3 Fatty acids are very specific and completely safe, with no side effects. It is very important to avoid omega 6 fatty acids when looking for the specific anti-inflammatory action of the omega 3 fatty acids, as Omega 6 fatty acids will actually negate the good effects of the omega 3s. We highly recommend the brand Free Form and this can be purchased over the counter here at Chester Valley or with online stores such as Amazon. Omega 3 fatty acids are designated as DHA (docosapentaenoic acid) and EPA (eicosapentaenoic acid) on the label, add these two amounts together to determine how much to give your pet so that they are getting the recommended amount.

Adequan

Adequan helps relieve the pain of arthritis by soothing and lubricating the joint in as well as stimulating joint cartilage repair.

After the 'loading dose' schedule, Adequan is given as a monthly injection, which we can do here at the clinic, or we can teach you to give it at home.

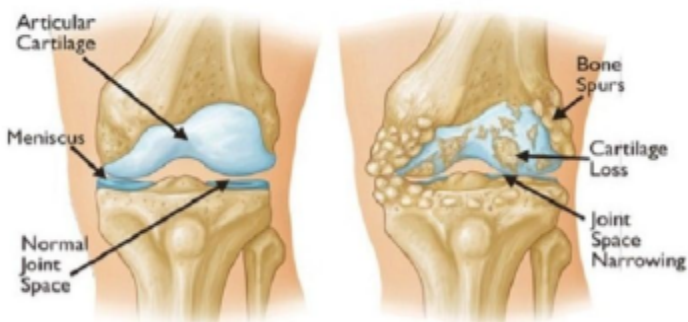
Loading dose

In order for the concentration of medication to reach an effective level in your pet's system, please give their first injections based on the following schedule:

Injection twice per week for 2 weeks, then
Injection once per week for 2 weeks, then
Injection every other week for 1 month (2 injections), and finally
Injection once per month

Glucosamine

Glucosamine and chondroitin sulfate are cartilage building blocks and can have anti-inflammatory properties. These joint supplements are available in a variety of forms. We recommend the brand Dasuqin, which comes in the form of treats for your pet.



Normal joint

Arthritic joint